



Riverstone Jiu Jitsu Schedule

www.riverstonejiujitsu.com ~ 770-704-7172 – Private and Competition Training Available

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00-11:00am						Youth No-Gi
12:00-1:00pm	Adult Gi	Adult No-Gi	Adult Gi	Adult No-Gi		
6:00-7:00pm	Youth Gi	Youth No-Gi	Youth Gi	Youth No-Gi	Open Mat	
7:00-8:00pm	Adult Gi	Adult No-Gi	Adult Gi	Wrestling	Open Mat	

Updated 4/12/23